



Waiver and Release of All Claims by Client

The CLIENT acknowledges that any programme of fitness exercise involves a risk of injury.

The CLIENT represents that he/she has been recently examined by a medical doctor and been found able to undertake a programme of fitness exercise.

For and in consideration of the design of an exercise programme for CLIENT by Bootcamp Qatar, the CLIENT agrees:

1. That any exercise programme shall be undertaken by CLIENT at his/her sole risk; and
2. that Bootcamp Qatar shall not be liable to CLIENT, not or any other person, for any claims or causes of action whatsoever arising out of connected with the services of Bootcamp Qatar; and
3. that CLIENT hereby release and discharges Bootcamp Qatar from any such claims or actions.

(Name of CLIENT)

(Signature of CLIENT)

(Date)